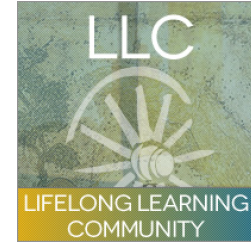


BASIC E-COURSE INFORMATION

PL – EXPLORING THE PRAYERFUL LIFE: *Developing a Lifestyle of Attentiveness to God*



COURSE DESCRIPTION

There is a difference between praying and living prayerfully. This course will guide participants into a lifestyle of prayer which includes three specific kinds of practices which allow our attentiveness to God to go beyond the practices themselves and spill over into all that we do.

COURSE FOCUS

The course will be a guided exploration of three broad categories of historic practices of prayer in the Christian tradition: praying with other people's words, praying without words, and praying with your own words. Each of these types of prayer will have specific, practical applications. We will seek to experience how they complement and enhance one another and lead to our overall lives becoming more attentive to God.

COURSE FORMAT

PL is a four-week facilitated online course that takes place in Moodle (our online learning platform). Participation in the course primarily takes place asynchronously (that is, not "live" at the same time); however, on occasion some or all of the class will meet "live" via web conference (dates and times TBD). Each week includes, at a minimum, a combination of readings and/or video viewing and active participation in the threaded (Forum) discussion(s). More importantly, the course factors in the experiential components of reflective exercises and spiritual practices, designed to appropriate the course contents for practical and concrete application to one's life and ministry.

REQUIRED TEXT

Harris, Daniel Ethan. *Live Prayerfully: How Ordinary Lives Become Prayerful*. SalvationLife Books, 2013.

Recommended Texts

Barton, Ruth Haley. *Invitation to Solitude and Silence: Experiencing God's Transforming Presence*. InterVarsity Press, 2010.

Brother Lawrence. *The Practice of the Presence of God*. Public Domain. (Various editions are currently in print.)

McKnight, Scot. *Praying With the Church: Following Jesus Daily, Hourly, Today*. Paraclete Press, 2006.

Note: There will be other supplementary resources for the course in the form of excerpted essays, articles, audio/video clippings, etc.