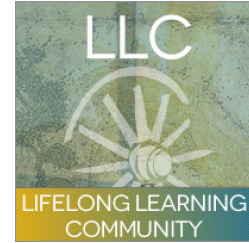


BASIC E-COURSE INFORMATION

SF – In Christ’s Image: *Exploring the Basics of Spiritual Formation*



COURSE DESCRIPTION

This course introduces us to the lifelong process involved in our being conformed to the very image of Christ and seeks to answer the two interrelated questions of how exactly is Christ formed in us and how we are formed in Christ as we live out our spirituality within the context of our journey experience with God.

COURSE FOCUS

The course focuses on the primary aim of our spiritual formation, the processes involved—including both the agencies and the means—with special emphasis on the spiritual practices we can cultivate in order to more intentionally deepen our formative life in God.

COURSE FORMAT

CS is a four-week facilitated online course that takes place in Moodle (our online learning platform). Participation in the course primarily takes place asynchronously (that is, not “live” at the same time); however, on occasion some or all of the class will meet “live” via web conference (dates and times TBD). Each week includes, at a minimum, a combination of readings and/or video viewing and active participation in the threaded (Forum) discussion(s). More importantly, the course factors in the experiential components of reflective exercises and spiritual practices, designed to appropriate the course contents for practical and concrete application to one’s life and ministry.

REQUIRED TEXT

Mulholland Jr., M. Robert. *Invitation to a Journey: A Road Map for Spiritual Formation*. Downers Grove, IL: InterVarsity Press, 1993. **(IT)**

Recommended Texts

Howard, Evan B. *A Guide to Christian Spiritual Formation: How Scripture, Spirit, Community and Mission Shape Our Souls*. Grand Rapids, MI: Baker Books, 2007. [Forthcoming]

Lawrenz, Mel. *The Dynamics of Spiritual Formation*. Grand Rapids, MI: Baker Books, 2000.

Nouwen, Henri J. M. with Michael J. Christensen and Rebecca J. Laird. *Spiritual Formation: Following the Movements of the Spirit*. New York, NY: HarperCollins, 2010.

Note: There will be other supplementary resources for the course in the form of excerpted essays, articles, audio/video clippings, etc.