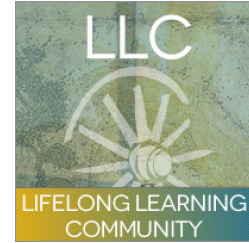


# BASIC E-COURSE INFORMATION

## CS – God’s Reality: *Exploring the Basics of Christian Spirituality*



### COURSE DESCRIPTION

This introductory course is designed to lay the foundations of spirituality in two main sections: *contours* and *praxis*. The first part outlines the multidimensional, multifaceted nature and shape of Christian spirituality and deals with key critical issues behind its contemporary expressions. The second part highlights the biblical dynamics of Christian formation and the role of spiritual disciplines within the context of living out our spiritual life in God.

### COURSE FOCUS

The focus is two-fold: firstly, the historical, traditional, and personal dimensions of Christian spirituality; secondly, the key formational and spiritual practices that are both personal and communal in their thrust.

### COURSE FORMAT

CS is a four-week facilitated online course that takes place in Moodle (our online learning platform). Participation in the course primarily takes place asynchronously (that is, not “live” at the same time); however, on occasion some or all of the class will meet “live” via web conference (dates and times TBD). Each week includes, at a minimum, a combination of readings and/or video viewing and active participation in the threaded (Forum) discussion(s). More importantly, the course factors in the experiential components of reflective exercises and spiritual practices, designed to appropriate the course contents for practical and concrete application to one’s life and ministry.

### REQUIRED TEXT

Scorgie, Glen G. *A Little Guide to Christian Spirituality*. Grand Rapids: Zondervan, 2007. **(GCS)**

### Recommended Texts

Collins, Kenneth J., ed. *Exploring Christian Spirituality: An Ecumenical Reader*. Grand Rapids: Baker Books, 2000.

Foster, Richard J. *Streams of Living Water: Celebrating the Great Traditions of Christian Faith*. San Francisco: HarperSanFrancisco, 1998

McGrath, Alister. *Christian Spirituality*. Cowley Road, Oxford: Blackwell Publishers Ltd, 1999.

Rolheiser, Ronald. *The Holy Longing: The Search for a Christian Spirituality*. New York: Doubleday, 1999.

**Note:** There will be other supplementary resources for the course in the form of excerpted essays, articles, audio/video clippings, etc.